



# Nightingale

Bulletin of the Alumni Association of Father Muller College of Nursing  
July 2016 - April 2018

# College Anthem

**We seek to grow in benign ministry  
At this Institute of renowned history,  
Stirred by august Muller's great bequest  
To give of our nurturing best.  
We strive to ever be gentle and kind,  
God's work to do amongst sick humankind  
Pain to relieve, discomfort mitigate  
To wellness rehabilitate.**

**Onward we go, ignited with zeal  
To succor the sick, to comfort and heal;  
And ever serve with cheerful smile,  
Care, share and dare the challenging while.**

**Nightingale's cap reassures in distress  
A symbol to soothe in suffering and stress  
Competent tenderness that perfect blend  
With which on our charges we'll tend;  
We help to foster that most precious wealth -  
Of people enjoying their vigor and health,  
Life's priceless value to firmly uphold:  
Our mission in letters of gold.**

**The words of the song have been composed by Dr Giselle Mehta, set to  
tune by Mr Joel Pereira, the orchestration is done by Mr Benjamin  
Varghese and is directed by Rev. Fr Denis D'Sa.**

# DIRECTOR'S MESSAGE



To,  
The President and all Office bearers of Alumni  
Association

I am extremely happy to pen a few lines to your Alumni Bulletin - 'Nightingale'. The very name that is selected by you all seems to be very apt, as all of you are nurses and representing your role model Florence Nightingale in your noble profession. You nurses are called "angels", truly you are angels to so many of your patients and their families giving compassionate care. The sacrifice that you make is immense. Truly, leaving aside your growing children and taking up night duties on regular basis shows your commitment to your vocation.

All of you, our Alumni as you left the portals of Father Muller's; you have been very successful in life. Some of you overseas, doing so well spreading the name of your 'Alma Mater' is very much appreciated. Across the globe, you have spread the fragrance of Father Mullers. Anyone who visits our Institutions from abroad for some reason or often for their health needs, are connected with some Hospitals and they say, "Yes! Yes! We know Father Mullers as we met some nurses who studied here." That really brings joy to the Management.

The bulletin that you plan to bring out will showcase not only your scholastic, literary and artistic talents but also unite you with so many of your friends. The Alumni Association of Father Muller College of Nursing is strong, lively and enthusiastic. There are so many others, our students who are not in touch with you, try to get them through this Bulletin. Create a Facebook account so that the Alumni may come to the fold and that your association becomes still stronger and vibrant.

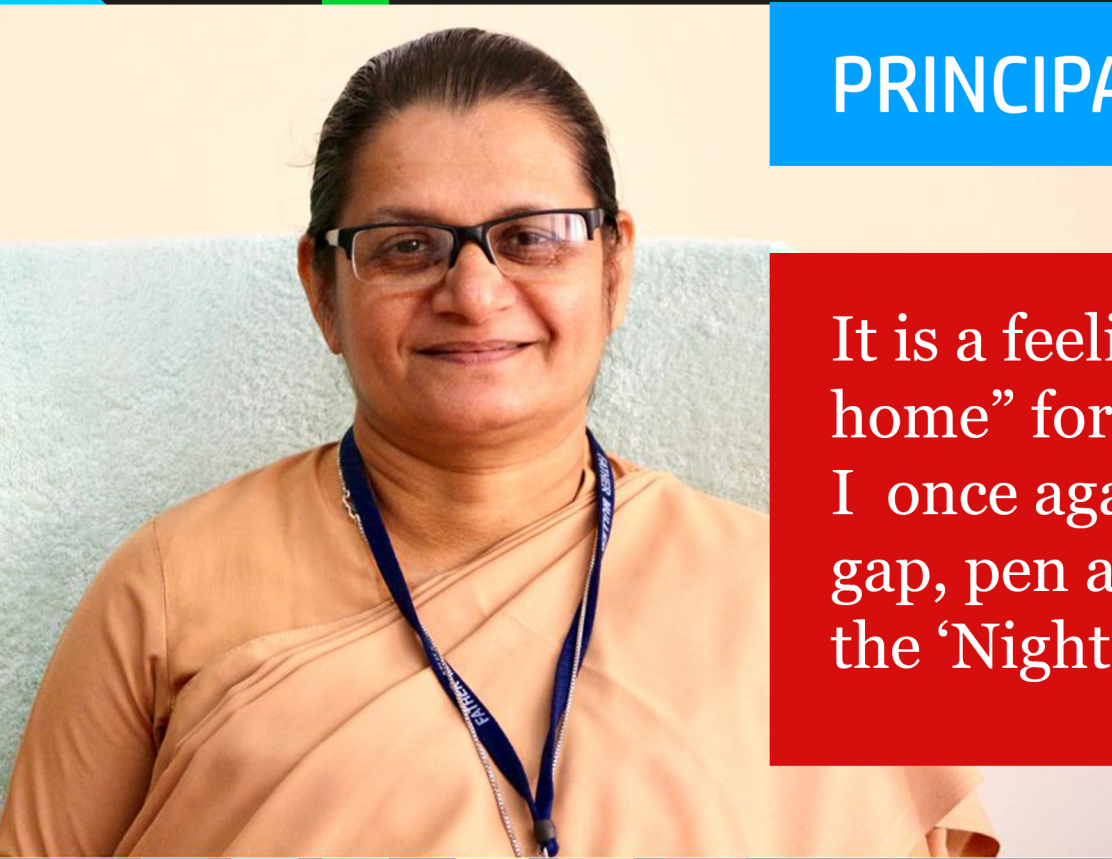
I thank the Alumni Association for your extensive support and cooperation throughout these years and I am sure the present student body is also attracted towards your association at the end of their studies in our College.

To conclude – the messenger may be killed but message remains. Jesus our Lord and Master was killed but his message of love, service, mercy and compassionate care has remained. We are all called to do the same. The good that we do is immortal, we may perish but what we have done to the least and the lost will remain. This is my humble appeal to you to continue through your profession to dispense the compassionate care of Jesus to the suffering humanity. To do this, stay connected with Him and with one another.

Congratulations to the Editor and the Editorial Board for their excellent work in bringing out this bulletin to stay connected with everyone. Thanks to all our well wishers and sponsors. May the good Lord bless you and all that you do to the sick and suffering humans.

**Rev. Fr Richard Aloysius Coelho**  
DIRECTOR

## PRINCIPAL'S MESSAGE



It is a feeling of “coming home” for me as I once again, after a long gap, pen a few words for the ‘Nightingale’ bulletin.

We are proud of our Alumni spread far and wide, sprinkling the fragrance of ‘Heal and Comfort’ in different countries of the world. Our Alumni Association has come out with different strategies to unite everyone under one umbrella as ‘mullerian nurses’ and keep in touch with one another and the Alma Mater, sharing pleasant and unpleasant, happy and sad moments of our life. We all need to share and someone to listen to. Father Muller College Of Nursing is eager to listen from all our Alumni: your achievements, experiences, and accomplishments and aspirations too. Please do share with us.

The College with its NAAC accreditation is progressing faster in every aspect of knowledge, skill, campus and other amenities.

I wish all the best to all our Alumni wherever you may be.  
Be happy, keep smiling.

With best wishes,  
Sr Jacintha D'Souza  
PRINCIPAL  
Father Muller College of Nursing



Dear alumni and friends of Father Muller College of Nursing,

It's after two years that I am bringing out another issue of "Nightingale"- Alumni Bulletin of Father Muller College of Nursing. This bulletin aims to inform, enlighten, inspire, and when appropriate, amuse; it also seeks to inform and engage our readers by providing them with timely information of the activities at the College and the Institutions.

Honestly, a lot has been happening in the College and the Institutions. Every year, the strength of the alumni is increasing. Our alumni have reached far and wide and it's amazing to even find them now in Eurasia as well.

A new team has taken over the baton of the Alumni Association and they have already begun with great eagerness and noble intentions. I wish the President and her team the very best in their undertakings. I am certain that the Alumni Association will grow vibrant and will bring all its members together. I also congratulate Mrs Sharlet Simple D'Souza, the newly elected Editor of the bulletin. Without a shadow of doubt, she will keep the membership informed about the new and exciting things happening in the Association.

Being the outgoing President, I take this opportunity to appreciate my team who have collaborated with me for the last five years. They have been truly encouraging and supportive in every activity planned and have strived tirelessly throughout, until its execution. I would like to place on record the efforts put in by my team members. All proceedings of the meetings held and events organised had been systematically recorded and maintained by the General Secretary, Mrs Irene Alvares. The budgets and expenses of the Association were meticulously accounted by Mrs Shiji P J, the Joint Treasurer. Ms Seema Chavan and Ms Binsha Pappachan C have been the masterminds behind every scientific deliberation. Dr Savitha Cutinha and Mrs Wilma Noronha looked into every minute detail in organising the events. Dr Smitha M V and Mrs Sandhya D'Almeida have been always supportive in words and deeds. They made sure that they would not miss any event. All this would not have been possible without the prayerful support of Sr Tina Catherine and Sr Stella Coelho. We kept our team spirit and I am proud to say that "we did it well." Thank you very much, friends.

As I sign off as the Editor of the bulletin, I would like to acknowledge my former Principal, Rev. Sr Winnifred D'Souza, who motivated me to pick up from where it was left off and "Nightingale" began once again in April 2014. Since then there have been two issues of the bulletin. I thank all the contributors who have helped me gather the information for this issue.

I pray that the College and these Institutions and the members of the Alumni Association reach greater heights. May God bless us all!

**Darryl M S Aranha**

Associate Professor

Father Muller College of Nursing

# WELCOME TO THE NEW ADMINISTRATIVE TEAM



**Rev. Fr Richard Aloysius Coelho** was appointed by the former Bishop of Mangaluru Diocese, Most Rev. Dr Aloysius Paul D'Souza as Director of Father Muller Charitable Institutions.

Fr Richard Coelho took over during the installation ceremony on 22<sup>nd</sup> May 2017.

Rev. Fr Richard Aloysius Coelho had served as Assistant Director of Father Muller Hospital from 1989 to 1993 and later as Administrator of Father Muller Medical College Hospital from 2010 to 2017.



**Rev. Fr Rudolph Ravi D'Sa** was appointed Administrator of Father Muller Medical College Hospital on 22<sup>nd</sup> May 2017.

Fr Rudolph D'Sa has held various posts in the Institutions since 2008.



**Rev. Fr Ajith Menezes** was appointed as Administrator of Father Muller Medical College on 22<sup>nd</sup> May 2017.

Fr Ajith was the Assistant Administrator of Father Muller Medical College Hospital since 2015.

**The Alumni of Father Muller College of Nursing congratulate the new team and wish them every success in all endeavours.**

# Welcome

# SWAGATH

The Alumni Association of Father Muller College of Nursing is honoured to welcome two esteemed individuals who will steer their respective departments to higher altitudes.



**Rev. Sr Jacintha D'Souza**, young bubbling nurse, joined as a Clinical instructor to Father Muller School of Nursing in 1990 and in 1994 completed her post-graduation studies at Father Muller College of Nursing. Thereafter, she continued to teach at Father Muller College of Nursing in various capacities. In 2003, she was appointed as the Principal of Father Muller College of Nursing until May 2011 and later continued to head other Colleges of Nursing in Mangaluru.

Rev. Sr Jacintha D'Souza returned to Father Muller Charitable Institutions on 1<sup>st</sup> May 2017 as the Principal of Father Muller College of Nursing.

**Rev. Sr Janet D'Souza** got into Father Muller Charitable Institutions as a candidate for General Nursing and Midwifery Course in 1984. She served Father Muller Medical College Hospital in various capacities since 1989 as staff nurse to supervisor and also taught at Father Muller College of Nursing since 2013.

On 1<sup>st</sup> September 2016, Rev. Sr Janet D'Souza was appointed as the Chief Nursing Officer of Father Muller Medical College Hospital.

We, the Alumni of Father Muller College of Nursing congratulate Rev. Sr Jacintha D'Souza and Rev. Sr Janet D'Souza on their new appointments and wish them good luck as they steer their departments to wider horizons.

The Alumni Association of Father Muller College of Nursing acknowledges the services of two stalwarts in Nursing at the Father Muller Charitable Institutions.



Merci Beaucoup: *Thank you very much*



**Rev. Sr Winnifred D'Souza** entered the portals of Father Muller Charitable Institutions as a young novice in nursing in 1982 and on her successful completion she worked as a staff nurse at Father Muller Hospital and the Rural Health Centre. She pursued her M.Sc Nursing degree in 1995 at Father Muller College of Nursing. Thereafter she served as a teaching faculty at Father Muller School and College of Nursing. In 2008, she was appointed as the Principal of Father Muller School of Nursing until 2011 when she was appointed as the Principal of Father Muller College of Nursing.

Rev. Sr Winnifred retired from her services at Father Muller Charitable Institutions on 30<sup>th</sup> April 2017. She is presently the Superior of Jyothi Nivas Convent and Community Health programme Manager of Mother Teresa Charitable Hospital Trust, Kalaburgi.



**Rev. Sr Aileen Mathias** was introduced to Father Muller Charitable Institutions as a young aspirant in nursing to the General Nursing and Midwifery Course in 1985 at Father Muller School of Nursing and secured a 3<sup>rd</sup> rank in the Karnataka State Diploma in Nursing Examination Board in 1989. Further, she pursued her B.Sc Nursing (Post Certificate) degree in 1998 and M.Sc Nursing degree in 2003 at Father Muller College of Nursing. She worked in various capacities, both in nursing service and nursing academics, at the Institutions from a Staff Nurse to Professor/Chief Nursing Officer.

Rev. Sr Aileen Mathias, owing to her religious obligations, had a transfer and bid adieu to the Institutions on 31<sup>st</sup> August 2016. Presently, she is the Chief Nursing Officer of Yenepoya Medical College Hospital, Yenepoya University, Deralakatte, Mangaluru since 13<sup>th</sup> January 2017.

We, the Alumni of Father Muller College of Nursing are indebted to the dedicated services of Rev. Sr Winnifred D'Souza and Rev. Sr Aileen Mathias. They have positively transformed the lives of many young nurses. We wish you well.



# RESPECTFUL TRIBUTE

The Alumni Association deeply mourns the demise of the Former Director, Rev. Fr Patrick Rodrigues and the Former Principal, Prof. Mrs Gladys Devdas.



**Rev. Fr Patrick Rodrigues** had his maiden appointment as the Assistant Director of Father Muller Charitable Institutions in 1985 until 1991. Owing to his outstanding calibre, late Rev. Fr Patrick Rodrigues was assigned tasks of much greater responsibility. Later, he took over as the Director of Father Muller Charitable Institutions on 6<sup>th</sup> of July 2007. Although a man of few words, but definitely a man of wisdom and knowledge; a true visionary. The existing building of Father Muller College of Nursing, an edifice of enlightenment and empathy, a gift for the Silver Jubilee celebrations; was a thoughtful gesture of the late Director. He has inspired one and all to fight death to the end.

Rev. Fr Patrick Rodrigues took ill in 2014 and fought the disease courageously until he passed away on 23<sup>rd</sup> March 2017.



**Prof. Mrs Gladys Devdas** served as the Principal of Father Muller College of Nursing from 1991 to 1992. She passed away on 19<sup>th</sup> July 2016.

We, the Alumni of Father Muller College of Nursing, pray for the repose of the departed souls. May they rest in peace.

A **National Conference on “Advanced Clinical Nursing Roles”** was organized on 23<sup>rd</sup> July 2016. The highlight of the conference was that all speakers of the Conference belonged to the Indian Army.



A **General Body Meeting** was held on 23<sup>rd</sup> July 2016. Thirty five alumni members participated in the meeting. The strengths and weaknesses of the Association activities were discussed. The members suggested the following:

1. The charitable work could go on but they preferred to have academic programmes where the alumni can join.
2. The General Body Meetings can be conducted separately and not merged with an academic programme.
3. Personal communication through phone calls, WhatsApp messaging and also visiting the Alumni at the Colleges of Nursing would be appreciated than posting the invites/brochures.
4. Organizing an International conference in 2017–18 with speakers who are Alumni of the College but working abroad, during the first week of July or December 2018 when the Alumni members from the gulf and European states will be on vacation respectively.
5. A Christmas get-together combined with an academic session for half a day.
6. More awards could be instituted to meritorious students or Alumni for their academic excellence in the memory of Late Sr Maria Theresa and Late Prof Gladys which could be awarded during Association activities.
7. Other suggestions:
  - a. Research grant.
  - b. One day picnic on a public holiday.
  - c. An Alumni website.
  - d. An Alumni membership card.





A **Workshop on Self Esteem and Self-Empowerment** was organised on 19<sup>th</sup> November 2016. During the session, the animator Sr Agnes Frank B S, a social activist, threw light on various aspects of enhancing one's self esteem. She also provided hints on self-awareness and gave insights on self-empowerment. The workshop was filled with activities, self-assessments and was made interesting with relevant audio visual clips.

The **Joy of Christmas** was shared with the sick and aged at the Olavina Halli - home for the destitute run by the Sisters of Charity at Someshwar, Uchil on 11<sup>th</sup> December 2016. The students staged a Christmas programme with carols and dance and also played a tableau. Games were organised for the inmates. A sumptuous meal was served to all the inmates and sisters at the home.



A **Health talk on Cancers in Women** was organized for the members of the Sri Dharmastala Gramavidradhi Yojne (R) at Sri Ramashrama English (medium) Primary School, Pavana Ukkuta, Yeyyadi on 7<sup>th</sup> May 2017. There were around 100 women who enriched their knowledge on cancers through a very informative session conducted by Dr Rohan Chandra Gatty, Associate Professor of the Department of Surgical Oncology, Father Muller Medical College. He conveyed the information through various real life events and an audio visual presentation. The audience was moved by his talk on sensitization towards cancer victims.

A **seminar on Communication and Soft Skills** on 8<sup>th</sup> July 2017 was organized for all employees of Father Muller Charitable Institutions. Dr Judith Pinto, Vice Principal of St Aloysius College was the resource person. She highlighted on various communication styles that can be adopted by health care professionals in their daily interaction with the healthcare team.



A **Christmas Celebration** was organised for the staff of the Housekeeping Department, Transport Department, Cafeteria and Farm workers of Father Muller Charitable Institutions on 9<sup>th</sup> December 2017 along with the Students Nurses Association of Father Muller School and College of Nursing. The Student Nurses Association presented a tableau on Christmas, sang carols and danced to a melody of Christmas carols. The Alumni put up a Christmas play. The farm workers mimicked the Mangalorean traditions. All the invitees were distributed gifts and snacks.

A two days **National Conference on Critical Care Nursing** was organized on 19<sup>th</sup> and 20<sup>th</sup> January 2018 with the aim to promote excellence in care of critically ill patients and enhance the knowledge, skills, attitude and the creative thinking that is indispensable to good critical care nursing practice.

The inaugural of the National Conference on Critical Care Nursing was held during the jubilee celebrations of Father Muller School and College of Nursing.



During the Jubilee celebrations, the Alumni of Father Muller School and College of Nursing who had served the Institutions for more than 15 years were recognised and honoured by Most Rev. Dr Aloysius Paul D'Souza, former Bishop of Mangaluru Diocese.



**Ms Mary Lasrado**  
Nursing Superintendent  
GNM: 1979 - 1984



**Ms Victoria D'Almeida**  
Vice Principal  
GNM: 1979 - 1984; P.B.B.Sc (N): 1992 -1994; M.Sc (N): 2000 - 2002



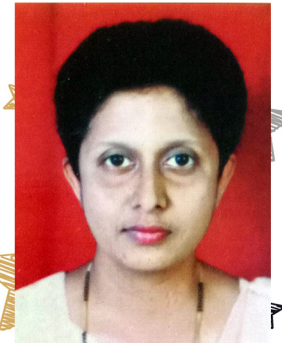
**Ms Leena A Rebello**  
Ward In-charge  
GNM: 1979 - 1984



**Ms Irene T R Alvares**  
Head of Department  
GNM: 1980 - 1985;  
P.B.B.Sc (N): 1992 -1994;  
M.Sc (N): 2000 - 2002



**Ms Helen Lobo**  
Assistant Nursing Superintendent  
GNM: 1986 - 1992



**Ms Malini Noronha**  
Assistant Nursing Superintendent  
GNM: 1988 - 1994



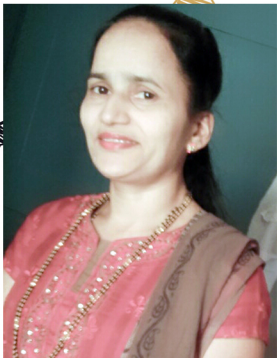
**Ms Lavina S Nazareth**  
Assistant Nursing Superintendent  
GNM: 1995 - 1998



**Ms Rita Monterio**  
Ward In-charge  
GNM: 1995 - 1998



**Ms Wilma S Noronha**  
Assistant Professor  
GNM: 1996 - 1999; P.B.B.Sc (N):  
2005 - 2007; M.Sc (N): 2009 - 2011



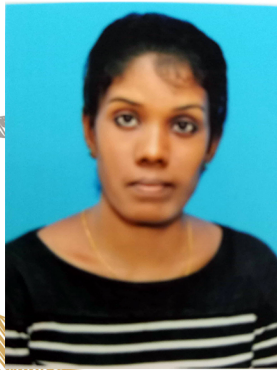
**Ms Eliza Monterio**  
Assistant Nursing Superintendent  
GNM: 1997 - 2000



**Ms Darryl M S Aranha**  
Deputy Chief Nursing Officer  
GNM: 1998 - 2001; P.B.B.Sc (N): 2003 - 2005;  
M.Sc (N): 2007 - 2009



**Ms Joseline L D'Souza**  
Ward In-charge  
GNM: 1999 - 2002



**Ms Anitha M D'Souza**  
Ward In-charge  
GNM: 1999 - 2002



**Ms Gracy D'Souza**  
Ward In-charge  
GNM: 1999 - 2002



**Ms Anitha N Suvares**  
Assistant Lecturer  
GNM: 1990 - 1993;  
P.B.B.Sc (N): 2008 - 2010



**Ms Asha Maria Fernandes**  
Assistant Nursing Superintendent  
GNM: 1992 - 1995

A **General Body Meeting** was held on 19<sup>th</sup> January 2018. A total of 100 Alumni members participated in the meeting. The main attraction of the meeting was the election of the new office bearers. The new office bearers were unanimously elected and were welcomed by the outgoing members and senior Alumni members present among the audience



Proceedings of the Meeting



Meeting in Progress



Newly Elected Team with the Principal and the Outgoing Team

# Welcoming the New Team



**Ms Darryl Aranha welcomed  
Dr Devina Rodrigues**



**Sr Jacintha D'Souza welcomed  
Dr Jennifer D'Souza**



**Ms Irene Dias welcomed  
Sr Deepa Peter**



**Ms Sandhya D'Almeida welcomed  
Ms Lolita S M D'Souza**



**Ms Shiji P J welcomed  
Ms Preethi Fernandes**



**Ms Seema Chavan welcomed  
Sr Dhanya Devasia**



**Ms Victoria D'Almeida welcomed  
Ms Preethi Fernandes**



**Dr Savitha Cutinho welcomed  
Ms Sunitha Lobo**



**Mr Sunil M (M.Sc (N) 1998 - 2000)  
welcomed Ms Lavina Nazareth**



**Ms Binsha Pappachan welcomed  
Ms Sonia D'Souza**



**Sr Lucy Rodrigues (G.N.M. - 1972 -  
1975; M.Sc (N) 1996 - 1998)  
welcomed Ms Shalini Fernandes**



**Sr Ivan M.S.J (M.Sc (N) 1992 - 1994)  
welcomed Ms Sharlet D'souza**

The Alumni at the General Body meeting witnessed the reunion of the first batch of M.Sc (N): 1992–1994 (L to R) **Sr Ivan M.S.J, Ms Salma S, Ms Anoop K R and Sr Jacintha D'Souza.**



**Ms Merlyn Tauro**, a student of the first batch of M.Sc Nursing shared her cherished memories at the Institutions. She is currently working as Senior International Accreditation Specialist at the Ministry of Public Health, Qatar.





The **Ceremony of handing over** the office was organized on 7<sup>th</sup> April 2018 in the presence of Mrs Victoria D'Almeida, Vice Principal of Father Muller College of Nursing. Ms Darryl Aranha presented a report on the activities conducted from April 2013. Mrs Shiji PJ presented the financial statement. The newly elected President, Dr Devina Rodrigues introduced and welcomed the newly elected office bearers and thanked the outgoing team. The ceremony ended with the handover of the files to the new executive committee.



President's Diary



Secretary's Report



Present Team



Transfer of Accounts



Knowledge Bank



New Editor



Event Manager

# EXECUTIVE COMMITTEE (2018 – 2023)



**President: Dr Devina Rodrigues**  
M.Sc (N): 2001 – 2003  
Professor, Father Muller College of Nursing, Mangaluru



**Vice President: Dr Jenifer D'Souza**  
B.Sc (N): 1994 -1998; M.Sc (N): 2001-2003  
Professor, Laxmi Memorial College of Nursing, Mangaluru



**General Secretary: Brigitt A P (Sr Deepa Peter)**  
B.Sc (N): 1988 - 1991  
Associate Professor, Father Muller College of Nursing, Mangaluru



**Joint Secretary: Mrs Lolita S M D'Souza**  
G.N.M: 1995 – 1998; P.C.B.Sc (N): 2000 – 2002  
Principal, SCS College of Nursing Sciences, Mangaluru



**Treasurer: Mrs Preethi Fernandes**  
M.Sc (N): 2008 – 2010  
Assistant Professor, Father Muller College of Nursing, Mangaluru



**Editor of the Nightingale Bulletin: Mrs Sharlet Simple D'Souza**  
G.N.M.: 1998 – 2001; P.C.B.Sc (N): 2004 – 2006  
Associate Professor, Athena College of Nursing, Mangaluru



**Convenor, Scientific Committee: Sr Dhanya Devasia**  
P.C. B.Sc (N): 1992 – 1994; M.Sc (N): 2005 – 2007  
Principal, Athena College of Nursing, Mangaluru



**Co-convenor, Scientific Committee: Mrs Priya Fernandes**  
M.Sc (N): 2009 – 2011  
Assistant Professor, Father Muller College of Nursing, Mangaluru



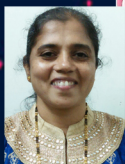
**Convenor, Correspondence Committee: Mrs Sonia D'Souza**  
M.Sc (N): 2007 – 2009  
Associate Professor, Father Muller College of Nursing, Mangaluru



**Co-convenor, Correspondence Committee: Mrs Shalini Lidwin Fernandes**  
B.Sc (N): 1994 – 1997  
Assistant Professor, Laxmi Memorial College of Nursing, Mangaluru



**Convenor, Programme Committee: Mrs Sunitha Claudia Lobo**  
B.Sc (N): 1995 – 1999  
Associate Professor, Athena College of Nursing, Mangaluru



**Co-convenor, Programme Committee: Mrs Lavina Nazareth**  
G.N.M.: 1995 – 1998  
Assistant Nursing Superintendent, Father Muller Medical College Hospital, Mangaluru



# ALUMNI SPEAK

Born with a purpose, in due time I joined FATHER MULLER COLLEGE OF NURSING to realize my vocation of caring for the sick.

Overcoming all hurdles, I graduated from FATHER MULLER CHARITABLE INSTITUTIONS. Today I feel PROUD to acknowledge and declare that I am a MULLERIAN.

Seven years spent in MULLER CAMPUS I encountered so many wonderful people in the persons of my Director, Administrators, Principal, Lecturers and Professors. Besides, I met two of my best friends here, who were like angels. I faced great challenges, picked up leadership skills at the work place, and to top it all, as a nurse, I experienced great respect from people and patients. Finally, when I set out from MULLERS I was recognized as a GOOD NURSE and given the privilege to be a part of the MULLER FAMILY.

I feel honoured and proud to call myself a MULLERIAN. My salute and respect forever to the Institutions!

Regards.

Rubita Nathalia Crasta

Emergency Registered Nurse

Al Garhoud Private Hospital

Dubai

email: rubita.crasta90@gmail.com

(B.Sc Nursing Batch: 2008 - 2012)



Some of the best years of my life are definitely the two years of my PG studies being a 'Mullerian'. To be a Mullerian was a special feeling I experienced within me, and at the same time, a similar feeling I saw on each and every face in the campus. To add to it, Mangalore was a new experience for me and I could expand my small world with the support of this friendly campus. I can gratefully declare that I got my best mentors - teachers and also my best friends here.

Prayer, discipline and quest for knowledge filled the Mullerian campus and made it so lively. Two years of Mullerian life gave me strength and independence and also inspired me to dream big. Wherever I go, whatever I do, I realize that the "Mullerian style" remains in me. Truly proud to be a "Mullerian"!

Best Wishes,

Capt. Merin P J

Nursing Officer

Military Hospital

Amritsar

Punjab

(M.Sc Nursing Batch: 2014 - 2016)



**Ms Deepa Vinoo** is a recipient of the Nursing Excellence award and was honoured for Excellence in Management at NYC Health and Hospitals, New York, United States on 26<sup>th</sup> October 2016.



Ms Deepa Vinoo pursued her M.Sc Nursing studies from Father Muller College of Nursing from 1998 to 2000. She is presently the Director of Memory Care and Associate Director of Nursing, New York City Health and Hospitals, United States.

**Prof. Diana Lobo** was awarded PhD in Nursing by the KLE University, Belagavi for her thesis entitled “Effectiveness of Preoperative Counselling in Promoting Postoperative Outcome among Patients Undergoing Abdominal Surgery in Selected Hospitals, Karnataka” on 27<sup>th</sup> January 2017.



Dr Diana Lobo completed her B.Sc Nursing in 1999 and pursued M.Sc Nursing in 2004 at Father Muller College of Nursing. She is presently a Professor and Head of the Fundamentals of Nursing Department at Laxmi Memorial College of Nursing, Mangaluru.

**Mr Nageshwar V** was awarded PhD in Nursing by Manipal Academy of Higher Education for his thesis entitled “Effectiveness of training program on Clinical Decision Making regarding Post-Operative Pain Management in terms of Clinical Decision Making ability among nurses in a tertiary care setting, Udupi district” on 7<sup>th</sup> March 2017.



Dr Nageshwar V is presently Assistant Professor at the School of Applied Medical Sciences, Al-baha University, Kingdom of Saudi Arabia. He completed his post graduate studies from Father Muller College of Nursing in 2011.

**Prof. Bhavani B B** was awarded PhD in Nursing by the National Consortium for PhD in Nursing in collaboration with Indian Nursing Council & World Health Organisation, Rajiv Gandhi University of Health Sciences, Bengaluru for her thesis entitled “A Study To Evaluate The Effectiveness Of Information Package Regarding Child Sexual Abuse On Knowledge And Attitude Of Parents And Teachers in Selected Schools Of Bengaluru” in April 2017.



Dr Bhavani B B completed her B.Sc Nursing course in 1994 at Father Muller College of Nursing. She is currently a Professor at Sri Shankara College of Nursing, Basavanagudi, Bengaluru.

**Dr Larissa Martha Sams**, Principal and Professor at Laxmi Memorial College of Nursing, Mangaluru was appointed a member of the Indian Nursing Council since June 2017.



Dr Larissa completed her B.Sc Nursing course in 1993 at Father Muller College of Nursing.

**Prof. Jasmine Benny**, Principal of Krupanidhi College of Nursing Bengaluru is appointed Syndicate Member of Rajiv Gandhi University since June 2017.



Prof. Jasmine Benny was a student of the second batch of Father Muller College of Nursing and graduated in 1992.

**Ms Rekha Shankar Ghodageri** was awarded Post Graduate Diploma in Health and Family Welfare Management from the National Institute of Health and Family Welfare, Delhi on 5<sup>th</sup> September 2017.



Ms Rekha Ghodageri completed her post graduate studies at Father Muller College of Nursing in 2009. She is currently working as a Physician Assistant and Lactation Consultant at Sagar Hospitals, Bengaluru.

**Dr Asha P Shetty** has been appointed as the Principal of College of Nursing, All India Institute of Medical Sciences, Bhubaneswar, Odisha from 29<sup>th</sup> August 2017.



Dr Asha P Shetty was a student of the second batch of Father Muller College of Nursing and graduated in 1992.

**Dr Leena K C** has been appointed as the Dean of Yenepoya College of Nursing, Yenepoya University from 2<sup>nd</sup> November 2017.



Dr Leena K C had completed her post graduate studies from Father Muller College of Nursing in 2002.

**Sr Renitha M.S.J** was awarded PhD in Nursing by the National Consortium for PhD in Nursing in collaboration with Indian Nursing Council & World Health Organisation, Rajiv Gandhi University of Health Sciences, Bengaluru for her thesis entitled “Effectiveness of Lifestyle Modification Programme on Knowledge, Attitude and Lifestyle Practices regarding selected Lifestyle Diseases among School Going Adolescents in Ernakulam district, Kerala” in November 2017.



Shini Mathew (Dr Sr Renitha M.S.J) completed her B.Sc Nursing course in 1998 & pursued M.Sc Nursing degree in 2004 at Father Muller College of Nursing. Currently, she is the Vice Principal, St. Joseph's College of Nursing, Dharmagiri, Kothamangalam, Kerala.

**Ms Veena Janith Lasrado** was awarded Fellow by Examination of the Faculty of Nursing And Midwifery by the Royal College of Surgeons in Ireland on 11<sup>th</sup> December 2017.



Ms Veena Lasrado completed her General Nursing and Midwifery course from Father Muller School of Nursing in 1998. She is currently a Nurse Tutor at the Regional Centre for Nursing and Midwifery Education, Connolly Hospital, Dublin, Ireland.

**Mr Jayaprakash C S**, an alumna of Father Muller College of Nursing since 2013, has received the following awards:

- Legend Shankar Nag award for “I am Indian” for a patriotic musical video in November 2016 at Bengaluru.
- Rajasthan International film festival award for two Kannada short film: Two dimensions of thinking and Ranga Shanka in April 2016
- 5<sup>th</sup> Short Mumbai International film festival award for “Alvida”- a musical video dedicated to Late Dr A.P.J. Abdul Kalam in December 2016
- 6<sup>th</sup> Short Mumbai International film festival award for Tum Jahan bi Raho – a Hindi patriotic musical video in December 2017.
- Karnataka Padmashree Rajya Prashasthi from Karnataka Women & Child welfare committee in Bengaluru in 2017.



Mr Jayaprakash C S is into direction and choreography in the Kannada and Hindi film industry. On May 12<sup>th</sup> 2017, he released a documentary on Nursing - Biggest task force of Hospital on Vector Fab Channel – YouTube.

**Ms Sushmitha Ramona Karkada** was awarded PhD in Nursing by Manipal Academy of Higher Education for her thesis entitled “Randomized Controlled Trial on Effectiveness of Antepartum Breathing Exercises on Outcomes of Labor” in January 2018.



Dr Sushmitha Ramona Karkada graduated from Father Muller College of Nursing in 2003 after her completion of the B.Sc Nursing course. At present, she is an Assistant Professor - Senior scale at Manipal College of Nursing, Manipal Academy of Higher Education, Manipal.

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5<sup>th</sup> Rank



Ms Aljomol Sebastian  
6<sup>th</sup> Rank



Ms Lydia Pais  
8<sup>th</sup> Rank



Ms Melbin Jose  
9<sup>th</sup> Rank

## **Toppers in 2017**

Post Basic B.Sc in Nursing Examination at Rajiv Gandhi University of Health Sciences under Rajiv Gandhi University of Health Sciences, Karnataka Bengaluru.



Ms Sneha Reesha Andrade  
5<sup>th</sup> Rank



Ms Ancita Alita Mendonca  
7<sup>th</sup> Rank

## **M.Sc Nursing Examination at Manipal University, Manipal**



Ms Josvita Sandra Fernandes  
1<sup>st</sup> Rank in M.Sc Nursing (Child Health Nursing)  
Highest score in Child Health Nursing  
Practical examination in M.Sc. Nursing.



Ms Steffi Jenifer Quadras  
1<sup>st</sup> Rank in Psychiatric Nursing Practical examinations  
in 1<sup>st</sup> and 2<sup>nd</sup> year M.Sc Nursing.

Ms Josvita Fernandes and Ms Steffi Quadras are students of 2009-2014 batch of B.Sc Nursing Course.

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